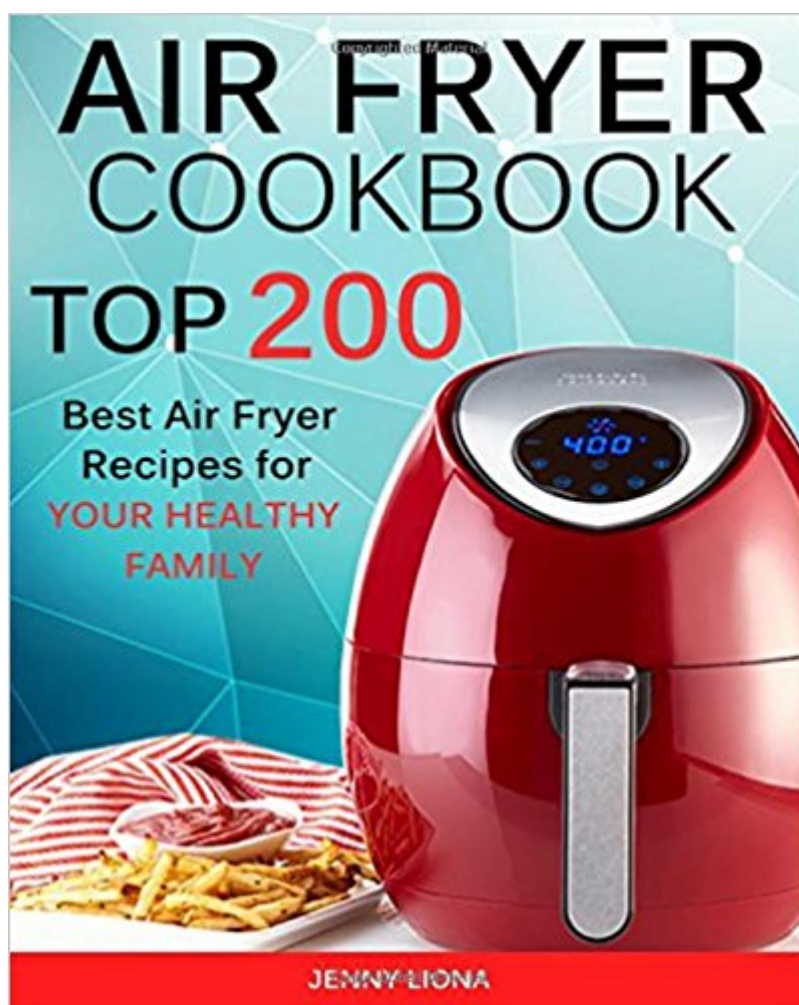


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Air Fryer Cookbook: Top 200 Best Air Fryer Recipes For YOUR HEALTHY Family



Synopsis

Turn your Air Fryer into an All-purpose healthy cooking machine with Top 200 Best air fryer Recipes! Air Frying is a revolutionary technology and the air fryer seems to be a dream kitchen appliance. We all love the taste of crispy fried foods, but we all know that it can be really unhealthy. Air Frying is the perfect way of cooking where you can enjoy the flavor of fried foods without compromising on health. You must be thinking that the recipes that can be cooked in an air fryer are very limited. But you will be surprised to know, that an air fryer is not limited to frying but you can also roast, grill and bake in it to make delicious, mouth-watering dishes. This Air fryer Cookbook is a complete guide that offers you all the answers you are looking for with regards to air fryers and air frying. The Air Fryer Complete Guide is a must-have for all of you out there on your path to transitioning to a healthy lifestyle with your air fryer: It explains what an air fryer is and outlines the basis of Air Frying. It provides a brief history on an Air fryer. It lists out all the benefits of Air Frying. It explains in detail a step-by-step process on the operation of an air fryer. For your easy reference, this guide provides an air fryer cooking chart with various cook times. The book also covers the safety of an air fryer and the care you need to take of it. The book is designed after much research and study providing you with top 200 amazing air fryer recipes that you will truly relish. The air frying approach outlined in the book will surely help you to enjoy better health! enjoy! your cooking with this new air fryer cookbook.

Book Information

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Customer Reviews

I like it for free

I am glad I got to read this cookbook for free through Kindle Unlimited. While there were some interesting recipes, the lack of editing lead me to wonder about the credibility of the recipes themselves. The recipe for onion rings actually listed a quart of oil which would seem like a big mistake. Perhaps the author copied a traditional onion recipe and forgot to edit out the oil? That was not the only typo or mistake, one could dine out on the dollar-a-typo program. As for the content, there are a few recipes I will try, but not until I become more familiar with my fryer and have a better idea of what works and what does not. The author has good ideas for gluten free cooking, but not everyone will be hunting down chickpea flour, would be nice if it were noted that regular AP flour would work as well. With the addition of notes and serious editing, this book would be worth buying.

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